



Split Pea & Smoked Ham- As Packaged

SPLIT PEAS, CHICKEN STOCK (water, chicken base [chicken meat, natural chicken juices, salt, sugar, autolyzed yeast extract, maltodextrin, natural flavor, onion powder, spice extract, turmeric {color}]), SMOKED HAM WITH NATURAL JUICES (pork cured with water, salt, potassium lactate, dextrose, modified potato starch, sodium phosphates, sodium erythorbate, sodium nitrite, sugar, corn syrup, sodium diacetate), ONIONS, CARROTS, MODIFIED CORNSTARCH, CANOLA OIL, ENRICHED FLOUR (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), CELERY, BUTTER (cream, salt), PARSLEY, ROASTED BEEF FLAVOR (beef flavor, sea salt), CULTURED DEXTROSE ON MALTODEXTRIN, WORCESTER-SHIRE SAUCE (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, tamarind, natural flavor, sulfiting agent [ammonium bisulfite, sulfur dioxide]), GARLIC, HOT SAUCE (aged cayenne red peppers, vinegar, salt, garlic), SPICES, CITRIC ACID, LIQUID SMOKE (purified natural liquid wood smoke, water).

THIS PRODUCT CONTAINS: WHEAT, MILK

As Prepared

Nutrition Facts	
Serving Size 1 Cup Prepared (245g)	
Servings Per Container	
Amount Per Serving	
Calories 200	Calories from Fat 35
% Daily Value*	
Total Fat 3.5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 980mg	41%
Total Carbohydrate 29g	10%
Dietary Fiber 9g	38%
Sugars 4g	
Protein 12g	
Vitamin A 25%	• Vitamin C 4%
Calcium 4%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g