



Italian-Style Wedding Soup with Meatballs - As Packaged

Ingredients: COOKED ENRICHED ORZO (water, enriched orzo [fine ground durum semolina, dried egg whites, niacin, iron {ferrous sulfate}, thiamine mononitrate, riboflavin, folic acid]), CHICKEN STOCK (water, chicken base [chicken meat, natural chicken juices, salt, sugar, autolyzed yeast extract, maltodextrin, natural flavor, onion powder, spice extract, turmeric {color}], COOKED MEATBALLS (beef, pork, eggs, water, bread crumbs [enriched bleached wheat flour {niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, salt, durum flour, soybean oil shortening, leavening {sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate}, dextrose, yeast, spice extractive], water, ricotta cheese [whey, whole milk, salt, vinegar], romano cheese [pasteurized milk, cheese cultures, salt, enzymes], salt, caramel color, brown sugar, garlic powder, parsley, spices, flavoring, onion powder), ONIONS, DICED TOMATOES IN JUICE (tomatoes, tomato juice, citric acid, calcium chloride), CELERY, SPINACH, MODIFIED CORNSTARCH, PARMESAN CHEESE (cultured part skim milk, salt, enzymes), CULTURED DEXTROSE ON MALTODEXTRIN, GARLIC, OLIVE OIL, SPICES, PARSLEY, ITALIAN SEASONING (spices, dehydrated parsley, crushed red peppers), CITRIC ACID, CULTURED WHEY.

THIS PRODUCT CONTAINS: WHEAT, EGGS, MILK

As Prepared

Nutrition Facts	
Serving Size 1 cup prepared (245g)	
Servings Per Container	
Amount Per Serving	
Calories 120	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 920mg	38%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 3g	
Protein 5g	
Vitamin A 10%	• Vitamin C 6%
Calcium 6%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	