



**Hearty Beef Vegetable Barley - As Packaged**

BEEF STOCK (water, beef base [cooked beef, salt, autolyzed yeast extract, sugar, dehydrated beef extract, onion powder, canola oil, lactic acid powder {with modified corn starch}, caramel color, garlic powder, soy lecithin, maltodextrin]), VEGETABLES (onions, celery, carrots, potatoes, green beans, corn), COOKED BARLEY (may contain wheat), COOKED BEEF (beef, water, salt), DICED TOMATOES IN JUICE (tomatoes, tomato juice, citric acid, calcium chloride), MODIFIED CORNSTARCH, TOMATO PASTE, BUTTER (cream, salt), GREEN ONIONS, CULTURED DEXTROSE ON MALTODEXTRIN, GARLIC, WORCESTERSHIRE SAUCE (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, tamarind, natural flavor, sulfiting agent [ammonium bisulfite, sulfur dioxide]), SPICES, SALT, PARSLEY, CULTURED WHEY, HOT SAUCE (aged cayenne red peppers, vinegar, salt, garlic), CITRIC ACID.

THIS PRODUCT CONTAINS: SOYBEANS, MILK, WHEAT

**As Prepared**

<b>Nutrition Facts</b>	
Serving Size 1 cup Prepared (245g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories 110</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2.5g</b>	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol 10mg</b>	<b>4%</b>
<b>Sodium 850mg</b>	<b>36%</b>
<b>Total Carbohydrate 16g</b>	<b>5%</b>
Dietary Fiber 3g	<b>10%</b>
Sugars 2g	
<b>Protein 6g</b>	
Vitamin A 40%	• Vitamin C 8%
Calcium 6%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g