



Grandma's Turkey Vegetable with Rice - As Packaged

Ingredients: VEGETABLES (carrots, celery, onions, white mushrooms, corn, peas), POULTRY STOCK (water, chicken base [chicken meat, natural chicken juices, salt, sugar, autolyzed yeast extract, maltodextrin, natural flavor, onion powder, spice extract, turmeric {color}], turkey base [roasted turkey, salt, turkey fat, sugar, autolyzed yeast extract, turkey broth, maltodextrin {from corn}, natural flavoring, torula yeast, xanthan gum, caramel color], turkey concentrate [roasted turkey meat and turkey broth, salt, maltodextrin, soy sauce {water, wheat, soybeans, salt}, yeast extract, potato flour, onion powder, natural flavor, soybean oil, lactic acid]), COOKED ENRICHED PARBOILED RICE (long grain milled rice, ferric orthophosphate, niacin, thiamine mononitrate, folic acid), TURKEY (cooked turkey, salt), MODIFIED CORNSTARCH, BUTTER (cream, salt), GARLIC, SEASONING SALT (salt, sugar, paprika, dehydrated onion, dehydrated garlic, spices, chili pepper), PARSLEY, CULTURED DEXTROSE ON MALTODEXTRIN, SPICES, CITRIC ACID.

THIS PRODUCT CONTAINS: WHEAT, SOYBEANS, MILK

As Prepared

Nutrition Facts	
Serving Size 1 cup prepared (245g)	
Servings Per Container	
Amount Per Serving	
Calories 100	Calories from Fat 15
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 870mg	36%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	5%
Sugars 2g	
Protein 6g	
Vitamin A 50%	• Vitamin C 4%
Calcium 2%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	