



Chicken & Wild Rice with Mushroom - As Packaged

Ingredients: VEGETABLES (potatoes, white mushrooms, carrots, celery, onions), CHICKEN STOCK (water, chicken base [chicken meat, natural chicken juices, salt, sugar, autolyzed yeast extract, maltodextrin, natural flavor, onion powder, spice extract, turmeric {color}], COOKED WILD RICE, CHICKEN (cooked chicken, salt), WHITE & SHERRY WINES (contains potassium metabisulfite), BUTTER (cream, salt), MODIFIED CORN-STARCH, ENRICHED FLOUR (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), CULTURED DEXTROSE ON MALTODEXTRIN, GREEN ONIONS, CANOLA OIL, SPICES, CULTURED WHEY, CITRIC ACID.

THIS PRODUCT CONTAINS: MILK, WHEAT

As Prepared

Nutrition Facts	
Serving Size 1 cup prepared (245g)	
Servings Per Container	
Amount Per Serving	
Calories 100	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 1.5g	6%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 870mg	36%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	6%
Sugars 2g	
Protein 5g	
Vitamin A 45%	• Vitamin C 6%
Calcium 2%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	