



Autumn Harvest Wild Mushroom & Barley (v) - As Packaged

Ingredients: MUSHROOM STOCK (water, mushroom base [mushrooms sauteed in canola oil, salt, maltodextrin, dried potato, yeast extract, natural flavor, mushroom extracts, dried mushroom, onion powder, spice]), COOKED BARLEY, VEGETABLE STOCK (water, vegetable base [salt, yeast extract, sugar, dextrose, onion powder, soybean oil, cornstarch, celery powder, black pepper, turmeric]), MUSHROOMS (white, crimini, portobello, shiitake), ONIONS, CARROTS, DICED TOMATOES IN JUICE (tomatoes, tomato juice, citric acid, calcium chloride), CELERY, MODIFIED CORNSTARCH, SHERRY WINE (contains potassium metabisulfite), CANOLA OIL, CULTURED DEXTROSE ON MALTODEXTRIN, HOT SAUCE (aged cayenne red peppers, vinegar, salt, garlic), GREEN ONIONS, GARLIC, SPICES, CITRIC ACID.

THIS PRODUCT MAY CONTAIN: WHEAT

As Prepared

Nutrition Facts	
Serving Size 1 Cup Prepared (245g)	
Servings Per Container	
Amount Per Serving	
Calories 80	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 820mg	34%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	9%
Sugars 2g	
Protein 2g	
Vitamin A 40%	• Vitamin C 4%
Calcium 2%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

(v) = Vegetarian product (ovo lacto compatible)

SERVING SIZE IS DETERMINED BY ESTABLISHED USDA AND FDA GUIDELINES.