



**Poblano Chicken and Corn Chowder- As Packaged**

SWEET CORN, CHICKEN STOCK (water, chicken base [chicken meat, natural chicken juices, salt, sugar, autolyzed yeast extract, maltodextrin, natural flavor, onion powder, spice extract, turmeric {color}],), POTATOES, WHITE MEAT CHICKEN (cooked white meat chicken, water, canola oil, salt), POBLANO PEPPERS, RED & GREEN BELL PEPPERS, FIRE-ROASTED GREEN CHILES, CELERY, ONIONS, ENRICHED FLOUR (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), MODIFIED CORNSTARCH, BUTTER (cream, salt), CANOLA OIL, GARLIC, CULTURED DEXTROSE ON MALTODEXTRIN, FIRE-ROASTED JALAPENO PEPPERS, SALT, SPICES, CITRIC ACID.

THIS PRODUCT CONTAINS: WHEAT, MILK

**As Prepared**

<b>Nutrition Facts</b>	
Serving Size 1 Cup Prepared (245g)	
Servings Per Container	
Amount Per Serving	
<b>Calories</b> 200	Calories from Fat 80
% Daily Value*	
<b>Total Fat</b> 8g	<b>13%</b>
Saturated Fat 4.5g	<b>21%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>11%</b>
<b>Sodium</b> 950mg	<b>40%</b>
<b>Total Carbohydrate</b> 22g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Sugars 8g	
<b>Protein</b> 10g	
Vitamin A 10%	• Vitamin C 35%
Calcium 15%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g