



**Pacific Northwest Clam Chowder- As Packaged**

POTATOES, CLAMS (sea clams & ocean clams, clam juice, salt, sodium bisulfite, sodium tripolyphosphate, calcium disodium EDTA, natural and artificial flavors, Red 3), CLAM STOCK (water, clam base [cooked clams and clam juice, salt, butter {cream}, sugar, dried potato, yeast extract, clam extract, natural butter flavor, maltodextrin, natural flavoring], clam concentrate [clam broth, salt, modified potato starch, disodium inosinate, disodium guanylate]), CHICKEN STOCK (water, chicken base [chicken meat, natural chicken juices, salt, sugar, autolyzed yeast extract, maltodextrin, natural flavor, onion powder, spice extract, turmeric {color}]), BUTTER (cream, salt), ONIONS, ENRICHED FLOUR (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), MODIFIED CORNSTARCH, CELERY, BACON (cured with water, salt, sodium phosphate, honey, sodium erythorbate, flavoring, sodium nitrite), CANOLA OIL, CULTURED DEXTROSE ON MALTO-DEXTRIN, SALT, CLAM FLAVOR WHEY (cultured whey, clam extract, maltodextrin, soybean oil), GAR-LIC, HOT SAUCE (aged cayenne red peppers, vinegar, salt, garlic), CITRIC ACID, PARSLEY, SPICES.

THIS PRODUCT CONTAINS: SHELLFISH (CLAMS), MILK, WHEAT

**As Prepared**

<b>Nutrition Facts</b>	
Serving Size 1 cup prepared (245g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 220</b>	Calories from Fat 90
% Daily Value*	
<b>Total Fat 10g</b>	<b>15%</b>
Saturated Fat 5g	<b>26%</b>
Trans Fat 0g	
<b>Cholesterol 40mg</b>	<b>14%</b>
<b>Sodium 810mg</b>	<b>34%</b>
<b>Total Carbohydrate 21g</b>	<b>7%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 7g	
<b>Protein 11g</b>	
Vitamin A 6%	• Vitamin C 15%
Calcium 15%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g