



**Organic Cheddar Broccoli (v) - Heat & Serve**

MILK\*, WATER, BROCCOLI\*, CHEDDAR CHEESE\* (cultured pasteurized milk\*, salt, enzymes), ONIONS\*, CANOLA OIL\*, GREEN BELL PEPPERS\*, CORNSTARCH\*, WHEAT FLOUR\*, VEGETABLE BASE\* (vegetables and concentrated vegetables [carrots\*, celery\*, onion\* & tomato\*], salt, autolyzed yeast paste\* {contains wheat\*}, cane sugar\*, soy sauce\* [water, soybean\*, salt, alcohol\*], maltodextrin\*, natural flavor, potato starch\*, autolyzed yeast extract, dried onion\*, dried garlic\* & spice\*), NATURAL CHEESE FLAVOR (cheddar, blue, semi-soft cheese [pasteurized milk, cheese cultures, salt, enzymes], water, whey, salt, citric acid), GARLIC\*, TOMATO PASTE\*, CULTURED DEXTROSE\*, SALT, TAMARI SOY SAUCE\* (water, soybeans\*, salt, alcohol\*), CITRIC ACID, SPICES\*, ANNATTO EXTRACT COLOR\*.

\*Organically grown and processed

THIS PRODUCT CONTAINS: MILK, SOYBEANS, WHEAT



<b>Nutrition Facts</b>	
Serving Size 1 Cup (245g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories 190</b>	<b>Calories from Fat 110</b>
% Daily Value*	
<b>Total Fat 12g</b>	<b>19%</b>
Saturated Fat 4.5g	<b>22%</b>
Trans Fat 0g	
<b>Cholesterol 25mg</b>	<b>8%</b>
<b>Sodium 1010mg</b>	<b>42%</b>
<b>Total Carbohydrate 17g</b>	<b>6%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 6g	
<b>Protein 8g</b>	
Vitamin A 10%	• Vitamin C 35%
Calcium 20%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g