



Cheddar Broccoli (v) - Heat & Serve

MILK, VEGETABLE STOCK (water, vegetable base [salt, yeast extract, sugar, dextrose, onion powder, soybean oil, cornstarch, celery powder, black pepper, turmeric {color}]), BROCCOLI, CHEDDAR CHEESE (cultured milk, salt, enzymes, annatto [color], potato starch & cellulose powder [to prevent caking], natamycin [natural mold inhibitor]), ONIONS, CANOLA OIL, CREAM, ENRICHED FLOUR (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), MODIFIED CORNSTARCH, GREEN BELL PEPPERS, NATURAL CHEESE FLAVOR (cheddar, blue and semi-soft cheese [pasteurized milk, cheese cultures, salt, enzymes], water, whey, salt, citric acid), CULTURED DEXTROSE ON MALTODEXTRIN, GARLIC, SOY SAUCE (water, wheat, soybeans, salt), SALT, CITRIC ACID, HOT SAUCE (aged cayenne red peppers, vinegar, salt, garlic), CURRY POWDER (spices, turmeric, salt, chili pepper, red pepper), SPICE, ANNATTO (for color).

THIS PRODUCT CONTAINS: MILK, WHEAT, SOYBEANS

Nutrition Facts	
Serving Size 1 Cup (245g)	
Servings Per Container	
Amount Per Serving	
Calories 240	Calories from Fat 130
% Daily Value*	
Total Fat 15g	23%
Saturated Fat 6g	32%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 1140mg	48%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	5%
Sugars 8g	
Protein 9g	
Vitamin A 15%	• Vitamin C 60%
Calcium 25%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

(v) = Vegetarian product (ovo lacto compatible)

SERVING SIZE IS DETERMINED BY ESTABLISHED USDA AND FDA GUIDELINES.