



**Yankee Beef Pot Roast - Heat & Serve**

BEEF STOCK (water, beef ribeye base [roasted beef ribeye including natural juices, salt, hydrolyzed soy and corn protein, corn oil, onion powder, natural flavor, grill flavor {from vegetable oil}, beef fat, caramel color, beef fat flavor {canola oil, beef fat}, garlic powder, black pepper]), VEGETABLE STOCK (water, vegetable base [salt, yeast extract, sugar, dextrose, soybean oil, onion powder, corn starch, tomato powder, celery powder, garlic powder, paprika, black pepper, caramel color]), POTATOES, COOKED BEEF (beef, salt), CARROTS, ONIONS, CELERY, CABBAGE, DICED TOMATOES IN JUICE (tomatoes, tomato juice, citric acid, calcium chloride), MODIFIED CORNSTARCH, CANOLA OIL, ENRICHED FLOUR (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), TOMATO PASTE, CULTURED DEXTROSE ON MALTO-DEXTRIN, GREEN ONIONS, GARLIC, WORCESTERSHIRE SAUCE (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, tamarind, natural flavor, sulfiting agent [ammonium bisulfite, sulfur dioxide]), SPICES, SALT, CITRIC ACID.

THIS PRODUCT CONTAINS: WHEAT, SOYBEANS

<b>Nutrition Facts</b>	
Serving Size 1 Cup (245g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories</b> 130	Calories from Fat 30
% Daily Value*	
<b>Total Fat</b> 3.5g	<b>5%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 1000mg	<b>42%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 3g	
<b>Protein</b> 8g	
Vitamin A 60%	• Vitamin C 25%
Calcium 4%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g