



## Beef Stroganoff with Egg Noodles

Ingredients: BEEF STEAK STRIPS (cooked beef, salt), BEEF STOCK (water, beef base [cooked beef, salt, autolyzed yeast extract, sugar, dehydrated beef extract, onion powder, canola oil, lactic acid powder {with modified corn starch}, caramel color, garlic powder, soy lecithin, maltodextrin]), COOKED ENRICHED EGG NOODLES (water, enriched egg noodle [fine ground durum semolina, dried egg whites, niacin, iron {ferrous sulfate}, thiamine mononitrate, riboflavin, folic acid]), WHITE MUSHROOMS, SOUR CREAM (Grade A cultured cream), ONIONS, SHERRY & BURGUNDY WINES (contains potassium metabisulfite), ENRICHED FLOUR (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), BUTTER (cream, salt), CULTURED DEXTROSE ON MALTODEXTRIN, CANOLA OIL, MODIFIED CORNSTARCH, GARLIC, WORCESTERSHIRE SAUCE (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, tamarind, natural flavor, sulfiting agent [ammonium bisulfite, sulfur dioxide]), SPICES, SALT, PARSLEY, CITRIC ACID.

THIS PRODUCT CONTAINS: WHEAT, EGGS, MILK, SOYBEANS

<b>Nutrition Facts</b>	
Serving Size 1 cup (210g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories 250</b>	<b>Calories from Fat 100</b>
<b>% Daily Value*</b>	
<b>Total Fat 11g</b>	<b>17%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol 45mg</b>	<b>15%</b>
<b>Sodium 660mg</b>	<b>27%</b>
<b>Total Carbohydrate 19g</b>	<b>6%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 3g	
<b>Protein 16g</b>	
Vitamin A 6%	• Vitamin C 4%
Calcium 6%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	