



## Spanish Rice (v)

Ingredients: COOKED ENRICHED PARBOILED RICE (long grain milled rice, ferric orthophosphate, niacin, thiamine mononitrate, folic acid), WATER, DICED TOMATOES IN JUICE, TOMATO PASTE, ONIONS, GREEN BELL PEPPERS, FIRE-ROASTED GREEN CHILES, SALT, SOYBEAN OIL, SUGAR, GARLIC, PAPRIKA, SPICES, CULTURED DEXTROSE ON MALTODEXTRIN, HOT SAUCE (aged cayenne red peppers, vinegar, salt, garlic), CHILI POWDER (chili pepper, salt, spices, garlic powder), CITRIC ACID.

<b>Nutrition Facts</b>	
Serving Size 1 cup (240g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories</b> 230	Calories from Fat 15
% Daily Value*	
<b>Total Fat</b> 1.5g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 720mg	<b>30%</b>
<b>Total Carbohydrate</b> 48g	<b>16%</b>
Dietary Fiber 4g	<b>15%</b>
Sugars 12g	
<b>Protein</b> 6g	
Vitamin A 30%	• Vitamin C 50%
Calcium 8%	• Iron 45%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

(v) = Vegetarian product (ovo lacto compatible)

SERVING SIZE IS DETERMINED BY ESTABLISHED USDA AND FDA GUIDELINES.

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