



Tapioca Pudding (v)

MILK, SUGAR, WHOLE EGGS, TAPIOCA (precooked tapioca, soy lecithin), MODIFIED TAPIOCA STARCH, VANILLA EXTRACT, SALT.

THIS PRODUCT CONTAINS: MILK, EGGS, SOYBEANS

Nutrition Facts	
Serving Size 1/2 cup (120g)	
Servings Per Container	
Amount Per Serving	
Calories 140	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 120mg	5%
Total Carbohydrate 22g	7%
Dietary Fiber 0g	0%
Sugars 18g	
Protein 4g	
Vitamin A 4%	• Vitamin C 2%
Calcium 10%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

(v) = Vegetarian product (ovo lacto compatible)

SERVING SIZE IS DETERMINED BY ESTABLISHED USDA AND FDA GUIDELINES.